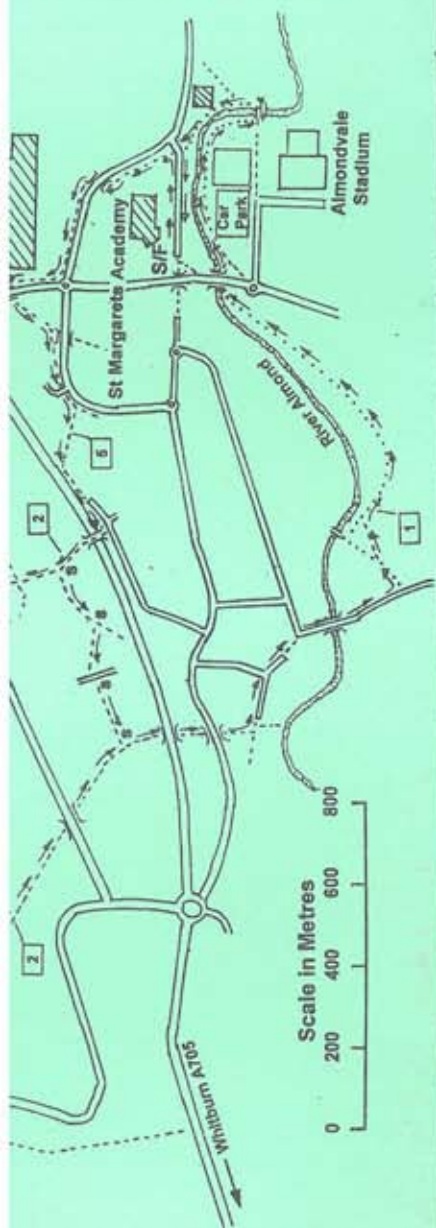


	Road
	Asphalt Footpath
	Cinder Footpath
	Railway
	Long Lap
	Short Lap
	Cut Off
	Miles to go markers



scottishathletics 

NATIONAL ROAD RELAY CHAMPIONSHIPS MEN 6 STAGE WOMEN 4 STAGE

SATURDAY 29th MARCH 2003

LIVINGSTON (Almondvale)

supported by



West Lothian
Council

TIMETABLE

DECLARATIONS CLOSE	11.30
RACE STARTS	12.00

NUMBERS

SHORT LAP (3.15 miles)
LONG LAP (5.8 miles)

RED NUMBERS
YELLOW NUMBERS

SCOTTISH ATHLETICS FEDERATION OFFICE -BEARERS

Hon President	W.M.Campbell C.B.E. Q.C. M.P.
President	Mrs Joan Watt
Chief Executive	David Joy
Event Manager	Karen Weiniger

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener	Marjory Cook City of Edinburgh AC)
Vice Convener	Robin Thomas (Hunters Bog Trotters)
Hon. Secretary	Brian Goodwin (Bellahouston Harriers)
Assistant Secretary	Alan Potts (City of Glasgow AC)
Finance Officer	Graham Sword (Strathkelvin Ladies)

OFFICIALS

Referee:	Ian Clifton M.B.E
Clerk of Course	Martin Hyman
Announcer:	Bob Gray
Starter:	Brian Goodwin
Judges/ Changes	Neil Donachie (Chief), Sandy Cameron, Dave Cairns
Timekeepers:	Duncan McLaren (Chief), Graham Sword, George McEwan, Vic Hockley
Recorders:	Sandra Hardacre (Chief), Ian Mann, Pat Hockley, Alan Smith Margaret Daly
Declarations:	Jen Jackson, Marjory Cook
Results:	Jen Jackson, Peter Jackson, Marion Donachie
Presentations	Brian Goodwin
Press	Chris Broadbent
Doctor	Penny Rother
Physiotherapists	Linda Linton, Susanna Semple
Jury of Appeal	Brian Goodwin, Marjory Cook, Robin Thomas
Course Marshals	Members of Lothian Running Club
Conveners	Alex Jackson, Martin Hyman

ACKNOWLEDGEMENTS

Scottish Athletics expresses grateful thanks to all who have helped in the organisation of todays event, in particular the following

West Lothian Council	Lothians & Borders Police
Lothian Running Club	Staff of St Margarets School
St Andrews Ambulance(Livingston Branch)	

WEST LOTHIAN COUNCIL

You are very welcome again to St Margaret's Academy. If your club has not competed here before, I hope you compete well and in a sportsmanlike manner. We hope you find the traffic free course conducive to safe competition and appreciate the voluntary efforts of Lothian RC who are very closely involved in the management of this event.

This event is one of the high points of West Lothian's Sport for All Strategy. It brings together several partners such as SAL, the voluntary sector and several Council services. My thanks to them all.

The Strategy may build to high profile championships as the Six Stage but it has foundations in local primary schools with the sterling work of Active Primary Schools and PE Specialists, secondary schools where Sport co-ordinators and their Junior Sports Leaders encourage athletics and the three local clubs who have supported schools programmes such as Sportshall, Startrak, TOPS athletics and Agility Challenge as well as carrying out club athletics in Trials, leagues and championships. We are also looking forward to the New Opportunities Fund to help with after-school athletics using all these tools.

We have committed funds for two more years and we hope that you continue to support this road relay event which is open to all club members. A gentle reminder that there is a womens race and can I encourage you to get your women members here next year.

Wendy Mutch
Chair Sport and Leisure

SCOTTISH ATHLETICS

As this is our sixth year at Livingston I am delighted to welcome you back here for the scottishathletics National Six Stage and Four Stage Road Relay Championships.

We greatly appreciate the help given by West Lothian Council and the great facilities at St. Margarets Community High School. Our thanks must also go to Martin Hyman and the members of Lothian Running Club for all the hard work they put in to organising this event every year to ensure that all of us will have an enjoyable day.

Thank you to all the officials on duty for their support and to the athletes competing who we hope will enjoy a day of rewarding and enjoyable competition.

Marjory Cook
Road Running & Cross Country Convenor

Livingston (Almondvale) Fastest Laps

Men

Short leg (3.15m)		Long leg (5.8m)	
S.Cairns (HBT) 2002	14.58	G.Stewart (Miz) 1999	27.33
A.Callan (Shett) 1999	15.00	G.Stewart (Miz) 1998	27.57
P.Mowbray (HBT) 1999	15.03	R.Quinn (Kilb) 1999	28.09
R.Quinn (Kilb) 1998	15.05	R.Quinn (Kilb) 2000	28.16
P.Mowbray (HBT) 2000	15.08	G.Amos (Miz) 2001	28.18
S.Cairns (HBT) 2001	15.21	A.Callan (Shett) 1998	28.18
J.Reid (Law) 2002	15.26	R.Quinn (Kilb) 2002	28.26
M.Colligan (Miz) 1999	15.27	A.Adams (Clyde) 1999	28.27
F.McGowan (Shett) 2000	15.27	S.Pride (Metro) 2002	28.29
R.Fitzimmons (Kilb) 1998	15.28	A.Adams (Clyde) 2001	28.36
S.Cohen (Miz) 1998	15.29	B.Coyle (Shett) 1999	28.39
A.Puckrin (Kilb) 1998	15.29	A.Adams (Clyde) 2000	28.41
J.Mackay (Shett) 1999	15.37	J.Ross (Miz) 1998	28.43
S.Cohen (Miz) 1999	15.37	D.Ross (Miz) 1999	28.44
B.Scally (Shett) 1998	15.38	D.Runciman (Cam) 2000	28.44
B.Kirkwood (Miz) 1998	15.38	B.Jenkins (Clyde) 1998	28.48
A.Little (Shett) 1998	15.38	D.Ross (Miz) 1998	28.49
M.Bell (C of E) 2002	15.42	S.Gibson (Shett) 1999	28.51

Women

L.McDougall (C of G) 2001	17.06	T.Brindley (C of G) 2000	33.01
S.Owen (C of G) 2002	17.44	A.Mudge (Carn) 2000	33.08
H.Sutherland (Liv) 1999	18.18	K.Wilder (C of G) 2002	33.21
J.Roxburgh (Irvine) 2000	18.19	L.McNeill (Shett) 2000	33.58
J.McDevitt (C of G) 2000	18.21	L.McMahon (JWK) 2000	34.14
J.Knowles (C of G) 2002	18.24	A.Higgins (JWK) 2001	34.25
J.McDevitt (C of G) 2001	18.43	L.McNeill (Shett) 2001	34.28
E.Cochrane (C of G) 2001	18.52	T.Thomson (Pit) 2002	34.34
G.Horovitz (Gala) 2002	19.03	L.Harding (Shett) 2000	34.35
M.Psatha (C of G) 2000	19.11	J.Stevenson (FVH) 2001	34.46
P.McKay (Shett) 2002	19.21	S.Finch (C of G) 2000	34.51
L.Harrison (C of E) 2000	19.27	S.Carson (Gala) 2002	35.01
S.Paterson (Pit) 2002	19.29	S.Finch (C of G) 2002	35.06
D.Murray (C of E) 2000	19.31	J.Stevenson (FVH) 1998	35.09
H.Gordon (Kilb) 2002	19.33	M.Clark (HBT) 2002	35.21
D.Murray (C of E) 2002	19.36	P.Affleck (Gala) 2000	35.21
D.Murray (C of E) 1999	19.38	E.McBrinn (Shett) 2002	35.21
J.Ward (Pit) 2002	19.39	J.Roxburgh (Irv) 2001	35.30

National Road Relay Championships March 29th 2003

Supported by West Lothian Council

Parking

Is at the Almondvale Stadium which is signposted from major approach roads.

Extra race direction signs will be deployed from the A899 Livingston Road.

Directions

From M8 junction 3, follow A899 south for 1½ miles. Red hospital signs



At the second interchange (Cousland) take the second exit (A705 Blackburn)

Take slip road on left in ¼ mile, then right and pass St. John's Hospital.

Turn left at the T junction and straight over the roundabout in 200m.

Cross the river Almond and left at the traffic lights into Almondale Stadium.

Park on the left - Car Park 3. (By kind permission of Livingston F.C.)

Declarations and Changing

At St. Margaret's Academy, by kind permission of the rector.

This is directly over the river from the car park.

Walk over the river on the bridge you drove in on and take a footpath to the right.

Declarations by 11.30 please.

Light refreshments are on sale from 11am to 3.30 pm.

Prizегiving will be at 3.30pm approx.

The Course (The same as last 5 years. See sketch map overleaf)

The start (12 noon) and finish, are on the school drive 50 metres from the west door.

The course is about 80% on tarmac footpaths, 15% on cinder paths, with 5% on residential cul de sacs.

There are six alternate laps (four for women) of 3.15 miles (red race numbers, mile markers and signs.) and 5.8 miles (yellow race numbers, mile markers and signs.)

Records

Short: Lynn McDougall, C of G 17.06, ('01) Steve Cairns, HBT 14.58 ('02)
Long: Tracey Brindley, 33.01, ('00) Glen Stewart, Mizuno, 27.33 ('99)

Team City of Glasgow 1.44.35 ('02) Mizuno 2.12.49 ('99)

The course is mostly scenic and pleasant to run on, but there are a few sharp bends, notably 250 m after the start.

There are no big hills, but the ground generally slopes upwards from the Almond Valley towards the railway to the north.

Whitewash arrows will be used at all junctions to supplement marshals.

Runners waiting to start can see incoming runners half a mile before they finish.

WOWEN'S FOUR STAGE

Holders- City of Glasgow AC

Calderglen Harriers Colours: Amber and Black Vertical Stripes

Jennifer King	Catrina Kerr	Stacey Irwin
Genevieve Alan	Dawn Buchanan	Denise Drysdale

Team Nos 77, 78
Pamela Allan
Claire Taylor

Carnethy Hill RC Colours: Yellow with Red letters

Angela Mudge	Tracey Brindley	Lyn Wilson
Maggie Creber	Alison Powell	Hilary Spenceley

Team Nos 79
Jill Tait
Moira Stewart

City of Edinburgh AC Colours: White with one Blue, one Black Hoop

Debra Murray	Joanne Whitehead	Alison Johnson
Catherine Ferrie	Natalie Christie	Sharyn Ramage
Marietta Vander Linden	Claire Williams	Eilidh Wardlaw
Gillian Hislop	Janet Laing	

Team Nos 80, 81
Leslie McKean
Lianne Harrison
Ruth Chamberlain

City of Glasgow AC Colours: Royal Blue with Green Panel

Lynne Macdougall	Kellie Wilder	Jill Knowles
Suzanne Owen	Sandra Branney	Susan Finch
Kirsty Baird	Kirsteen Young	Eileen Cochrane
Pamela Nicholson	Jacqueline Thomson	

Team Nos 82, 83
Collette Fagan
Susan Partridge
Vikki McPherson

Energy Zone Carnegie Colours: Orange & Green

Susan Atkinson	Fabienne Thompson	Nicola May
Lynne Kuz	Sarah Legge	

Team Nos 84
Emily Hutchison

Falkirk Victoria Harriers Colours: Black with Gold Band

Caroline Lawless	Lynne Murray	Amanda Purser
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Team Nos 85
Janette Stevenson

Fife AC Colours: White with Red Band

Margaret McLaren	Kim Macgregor	Eliza McLachlan
Jocelyn Scott	Louise Burt	Louise Provan
Sandra Aitken	Catrina Duncan	Irene Pennycook
Fiona Lothian	Ellen Leggate	

Team Nos 86, 87
Caroline Armstrong
Phyllis Lemoncello
Addy Gerrard

Gala Harriers Colours: White with Green Band

Karen Renton	Eileen Nicol	Rachel Bailey
Laura Howie	Angela Foss	Kate Grimsditch
Jo Hight	Leanne Haining	Marion Facchini

Team Nos 88, 89, 90
Sally Calder
Nicola Alexander
Ruth McCann

Garscube Harriers Colours: White with Blue Band

Heather Akers	Judith Austin	Julia Brosnan
Margaret Douglas	Carol Martin	Janet McColl
Jill O'Neil	Mairi Stanley	Karen Stevenson
Hazel Watson	Moira Young	

Team Nos 91, 92
Irene Brown
Maureen Macleod
Linda Topping

Hunters Bog Trotters Colours: Brown

Sarah Blake	Anne Buckley	Megan Clark
Michelle Jeffery	Isobel Knox	Jessica Legaz-Clua
Alison McNeillage	Anne Rosbottom	Jane Rosbottom
Aileen Wood		

Team Nos 93, 94
Suzanne Ebel
Deborah McDonald
Megan Smith

Johnnie Walker Kilmarnock Harriers Colours: Royal Blue with 2 White Stripes

Emma Mackie	Emma Munro	Lindsay McMahon
Paula Wilson	Lesley Phillips	Morag Cairns
Laura Cairns		

Team Nos 95, 96
Rosemary McMillan
Emma Bone

Kilbarchan AAC Colours: Gold with Black Hoop

Claire Gibson	Heather Gordon	Eileen Masson
Jill Shannon	Dennise Smith	Hannah Waugh

Lothian Running Club Colours: Blue with Black letters

Jane Ackland	Julia Brosnan	Susan Campbell
Valerie Dempsey	Lorna Eades	Marsie Ewing
Gillian Godfree	Saran Jones	Kate Kitchin
Lesley McGiffen	Morag McIntyre	Teresa Mcmenemy
Helen Murray	Joyce Salvona	Claire Shanley
Margaret Turnbull	Fiona Weir	

Metro Aberdeen RC Colours: Black/Yellow Quarters

Linne Gray	Ingrid Machell	Marie Wright
Heather Tulloch	Sally Pattinson	Alison McArthur
Jean Cowie	Sue Carter	Jennifer Cain

Pitreavie AAC Colours: Navy/Yellow/White

Jacqueline Baxter	Pamela Blyth	Anna Darmody
Margaret Healy	Helen Kane	Mary Lamont
Isabel J Linaker	Lesley Steel	Samantha Marshall
Trudi Thomson	Alison Whyte	

Shettleston Harriers Ladies Colours: Blue with Yellow Band

Lindsay MacNeill	Eileen Reid	Elaine McBrinn
Pamela McKay	Bernadette O'Neil	Claire McCracken

Team Nos 97

Janice Moore
Susan McGrenaghan

Team Nos 98, 99

Annette Cunningham
Lucy Galloway
Delia Leddy
Jane Moncrieff
Marjorie Smillie

Rosalind Wilson
Shauna Innes

Team Nos 101, 102

Katie Fleming
Sarah Paterson
Hannah Norman

Team Nos 103, 104

Anne-marie Hughes
Lynne Marr

MEN'S SIX STAGE**Holders- Shettleston Harriers****Aberdeen AAC Colours: White with 2 red hoops**

Malcolm Beattie	Michael Paddon	Keith Charlton
David Duguid	Benjamin Hukins	Richard Wainford
Robert Thornhill	Adam Watt	Alan Wales
Iain Donnan	Steve Smith	

Ayr Seaforth AAC Colours: White with Red Diagonal Cross

Colin Souter	Alex Allardyce	Colin Garrett
Laurence Baker	Iain Baird	Adam Mackie
James Caird	Peter Laing	Cameron White
Paul Rogers	Francis Napier	Scott Keenan
Oliver Jones	Alastair Stewart	

Bellahouston Harriers Colours: Dark Blue with Light Blue Cross

Campbell Joss	Colin Scott	David Boal
Graeme Gemmell	Jeremy Garnett	Anthony Quinn

Calderglen Harriers Colours: Amber and Black Vertical Stripes

Russell Couper	Charles Steven	Alan Derrick
Graham Allan	Stuart Gibson	Kenneth Davidson
David Watt	Martin Duthie	Alan Cullie
Ivan Field	Gerard Mullen	Derek Dick
John Freer	Jim Holmes	Gary Connell
Anthony McCafferty	Joseph Rafferty	Brian Carrigan
Jamie McMonagle		

Central AC Colours: Yellow and Blue

Robert Russell	Lewis Millar	James McDonald
Ewan Gault	Craig Walker	Alasdair Anthony
Cameron Campbell	John Millar	Brian Cowie
Roger Greenaway	Derek Easton	Steve Laing
Fraser Purves	James Drummond	Alex Milne
Will Hensman	David Armour	Alan Gall
Ivor Campbell	Robert Stott	Steven McArthur

City of Edinburgh AC Colours: White with one Blue, one Black Hoop

John Agnew	Zenon Bankowski	David Blackie	Matthew Bell
John Bown	James Buick	Keith Broadfoot	Colin Cable
Scott Campbell	Thomas Ellacott	Martin Ferguson	Jonathan Ferry
William Gallacher	Darren Gauson	Andrew Gibson	Andrew Griffiths
James Guest	Rob Hooton	Francis Hooton	Brian Howie
Colin Hutt	Mark Johnston	Andrew Laird	Andrew Laycock
Keith Lyle	Darryl McDonald	Alex MacEwen	John MacInnes
Raymond McMenamin	Robert McFall	David Millar	Ronald Nolan
Lars Ottemoller	Robert Riddell	Stewart Robertson	Andrew Scott
Keith Sambrook	Martin Sneddon	John Steel	Eric Stevenson
Adam Ward	Robert Wiseman	Jonathan Whitehead	Angus Wardlaw
Leo Ritchie	R Mair		

Team Nos 1, 2

Calum Davidson
Simon Sinclair
Stuart Forbes

Team Nos 3, 4

Robert Napier
Patrick Kelly
Tom McCulloch
David Logue

Team Nos 5

John McFadyen
Ian Ross

Team Nos 6, 7, 8

Stephen Marzella
Roderick Shanks
David Searl
Andrew Henderson
Ian Hughes
Allan Douglas

Team Nos 9, 10, 11

Ross Houston
David Hay
Gordon Walker
William Gault
Robert Hutchinson
Alan Hume

Clydesdale Harriers Colours: White with Black "C"

Allan Adams	James Austin	Michael Diver
Mark Rudzinski	Brain Edridge	Brian Gallagher
Gerald Kennedy	Alistair Meikle	Ian Murphy
Laurence Pearson	David Mitchell	Iain Robertson
Robert Young	Peter Rudzinski	Clifford Brown
John Hanratty	Pete Cartwright	

Corstorphine AAC Colours: White with Black Trim

Chris O'Brien	John O'Hara	David Law
David Henderson	Iain Cumming	Tom Ferrington
Moray Anderson	Steven O'Brien	Paul O'Brien
Graeme Fletcher	Martin Caldwell	Bryan Clark
Scott Bisset	Ewan Stark	

Dundee Hawkhill Harriers Colours: Blue and White Quarters

Matthew Strachan	Craig Ross	Neill Raitt
Brian Cook	Pete Fox	John Hepburn
Eddie Holmes	Alan Wilson	Stephen Borland

Energy Zone Carnegie Colours: Orange & Green

Lewis Lawson	Ian Stewart	Jim Gray
Andrew Hunter	Kevin Clark	Peter Morrison
Francis Harper	Douglas McGarry	Alexander Nicol
John Milton	Iain Taylor	Peter Simpson
Mike Harvey	John Lambie	

Falkirk Victoria Harriers Colours: Black with Gold Band

Neil Robertson	Stephen Moore	Michael McQuaid
Kerr Johnstone	Michael Ross	Nicholas Hurren
David Murray	Kenneth Rankin	Paul McKerracher
Eric Donaldson	William Day	Duncan McGougan

Ferranti AAC Colours: Yellow with Black letters

Edward McDonald	Matt Bankhead	Alex Bell
Malcolm Fraser	John Gavin	Keith Nicol
Trevor Ridley	Iain Shaw	James Shaw
Keith Weston	Robert Miller	Ian Duguid

Fife AC Colours: White with Red Band

Daniel Leggate	Owen Greene
Christopher Russell	Simon Haworth
Tom Scott	John Thomson
William Spates	Brian Cruickshank
Ian Overton	Neil Young
Mel Scobie	Douglas Gunstone
Andrew Barker	James Watson
David Ovens	Ian Poolman
Gordon Thomson	Steven Doig
Roy McLachlan	Angus McLachlan
Chris Clark	Graham Bennisson
John Cunningham	William Law

Gala Harriers Colours: White with Green Band

Robin Murray	Ron Logan	Neil Renton
Alistair Laurie	Struan King	Martin Clarke

Team Nos 17, 18

Graeme Reid
Derek Halpin
John McArthur
James Shields
Ronald Hurt

Team Nos 19, 20, 21

Kris Berry	Keith Hood
Martin Hulme	
Brian Nicholson	
M Shand	Craig Smith

Team Nos 22

Gordon Barrie
Joe Symonds
Neil Gunstone

Team Nos 23, 24

Peter Simpson
Graham Clark
Steven Ogg
Ian Armstrong

Team Nos 25, 26

Andrew Ronald
John Martin
Andrew Donaldson
Alexander Bryce

Team Nos 27

Walter Fairnie
Stephen Reid
William Thomson
Chris Glasbey

Team Nos 28, 29, 30, 31, 32

Andrew Lemoncello
Terry Mitchell
Hugh McKay
John Murdoch
Gary Barker
Alan Meiklejohn
David Weir
Alastair Robertson
Ron Morrison
Laurence Anderson
David Francis
Bryan McManus

Team Nos 33

Bryan Bailey
Jack Knox

Garscube Harriers Colours: White with Blue Band

David Aitken	Iain Cullen
John Dryden	Iain Dunn
Ian Mennie	Stephen Muirne
Mark McIntosh	Colin McKay
Mark Turnbull	John Weir

Hunters Bog Trotters Colours: Brown

Duncan Baker	Bill Blair
Steven Cairns	Iain Campbell
Keith Gooch	Siggy Gould
Craig Hunter	James Jarvis
Philip Mowbray	Niall Munro
Patrick O'Kane	Geoff Simpson
James Thyne	Richard Wall

Inverclyde AC Colours: Black & White Stripes

John Bannister	Steven Conaghan
David Dunn	Gerard Gaffney
Stuart Hodge	George King
Mark Pollard	Chris Robison
William Tipping	Tom Tracey
Graham Hyett	Andrew Cox
George Hegarty	Brian Litterick
Les McMahon	Kenneth Morrison

Johnnie Walker Kilmarnock Harriers Colours: Royal Blue with 2 White Stripes

Stewart Ferguson	Scott Russell	Paul McArthur
Stewart McAllister	David Mitchell	John Docherty
Edward Tonner	Iain Connell	Graham Cairns
Roderick Pugh	David White	Stephen Gilmour

Kilbarchan AAC Colours: Gold with Black Hoop

David McCormack	Colin May	Graeme Dobbie
Robert Snodgrass	Thomas Lawrence	Tom Hearle
Robert Quinn	Robert Fitzsimmons	Robert Hawkins
Alexander Ross	Steven Hards	George Gibson
Donald Petrie	Gerard Fairley	David Mewse

Kirkintilloch Olympians Colours: Sky Blue with White and Black Hoops

John McLoone	Edward McLoone	Colin Burns
Simon Millage	Kenny Leitch	Grant Graham
Ian McGurk	Gordon McLean	Ewan Jack
Kenneth McNeil	Gerard McConnell	Craig MacWilliam
Jim McLoone	John Campbell	Michael Durin
Colin MacLennan	Alistair McDonald	William McFadden

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band

Gordon Douglas	John Gourlay	Patrick Kelly
Steven Lawley	James Macdonald	Stuart Griffin
Alaister Russell	Steven Allan	

Team Nos 34, 35

Lindsay Cunningham
Stuart Irvine
Peter McGlynn
Alexander Parker

Team Nos 36, 37

Gary Brown
Colin Farquharson
Alistair Hart
Myles Marshall
Ivor Normand
Robin Thomas

Team Nos 38, 39

Mark Doherty
Robert Gray
Thomas Murray
Cameron Spence
John Weston
Archie Galbraith
David McElhinney
John Bruce

Team Nos 40, 41

Jim Goldie
James Tonner
Keith Haining

Team Nos 42, 43

John McMillan
James Snodgrass
Ian MacDougall
Thomas Anderson
Paul Arcari

Team Nos 44, 45, 46

Stuart Kerr	Chris Stewart
Robert Rogerson	
William McGroarty	
Ada Stewart	
Martin Hamilton	
Robert Thayne	

Team Nos 47

James Rowley
Alan Ramage

Lothian Running Club Colours: Blue with Black letters

Graeme Ackland	Alexander Agnew	James Alexander
Tim Brand	Calvin Crane	Steven Cunningham
David Eades	John Ewing	Robin Galloway
David Godfree	Alan Grierson	Michael Hammersley
Kenton Jones	Andy Kitchin	Steven Laurie
Robert Lee	Tim Lenton	Michael Lieberman
Euan McIntosh	Graham McIntyre	Colin Meek
James Milner	Robin Morris	Harry Mulholland
Clive Parry	John Paxton	Murray Robertson
Ian Seggie	Alan Shanley	David Simmons
Peter Weeks	Peter West	

Metro Aberdeen RC Colours: Black/Yellow Quarters

Paul Allanach	Fraser Clyne	James Cook
George Jamieson	Peter Jennings	Mark Masson
Bruce Moroney	Simon Pride	Alan Reid
Jackie Stewart	Craig Stewart	Robert Taylor
Andrew White	Donald Whyte	Duncan Wood
Charles Noble	Ian Tack	Gary Walker
Darren Kinsella	Barrie Horsburgh	Gair Brisbane
Derek Thoms		

Motherwell AC Colours: Red with White edging

John Hughes	James Dobbie	Patrick Mullen
Lee Hughes	James Tracey	

Penicuik Harriers Colours: Purple with White Panels

Robert Walker	Sean Davidson	Michael Browne
John Forrest	Kenneth Graham	Colin Graham
Paul Sharatt	Juan Suarez	Ritchie McCrae
Scott Baird		

Perth Road Runners Colours: Green and White

Stephen Ferguson	Colin Glencorse	Jamie Gartside
Derek Phillips	Robin Livingstone	Dave Norrie
David Nicoll	Jim Scanlan	Stuart Moran
David Knight		

Pitreavie AAC Colours: Navy/Yellow/White

David Arnott	Peter Baxter	David Candlish
Nigel Cunningham	Barry Davie	Alasdair Donaldson
Jeffrey Farquhar	Glyn Gardiner	David Goldhawk
Stewart Reid	Colin Simpson	Derek Simpson
Colin Mathieson Snr	Barry McCleery	Paul McClosky
Stephen Newsom	Cameron Watson	Stephen Wombwell

Racing Club Edinburgh Colours: Blue

Guy Amos	Mark Arndt	David Beagley
Michael Carroll	Ken Chapman	Scott Cohen
David Gardiner	Thomas Hanlon	Carl Heaven
Marc Johnston	Brian Kirkwood	Frank McGowan
Andrew Renfree	Desmond Roache	Alan Robson
David Ross	John Ross	Duncan Scobie

Team Nos 48, 49, 50, 51

Scott Balfour
Stephen Dempsey
George Gilhooley
Jason Inman
Martin Leadbetter
Stuart Logan
Andreas Merdes
Christopher Northam
Drew Santry
Brian Turner

Keith Farquhar
John Matheson
Mike Simpson
Kevin Tulloch
Colin Youngson
Ian Williamson
Kevin Brooks

Team Nos 54

Brian McLinden

Chris Browne
Kenneth Cairns
Mike Pearson

Team Nos 56, 57

Neil Muir Derek McIntosh
David Bauchop
Adrian Jenkins

Team Nos 58, 59

Peter Coleman
Archibald Duncan
Douglas Gray
Douglas Smith
John Newsom

Team Nos 60, 61

Stuart Campbell
Max Colligan
Allister Hutton
Andrew Muir
John Robson
Kirk Smith
Glen Stewart

Ron Hill Cambuslang Harriers Colours: Red with White Band

Stephen Wylie	Jonathan McCallum	David Rodgers
Alexander Robertson	Jamie Reid	Jasmair Pal
Iain MacCorquodale	Ross Arbuckle	Frank Barton
Neil Wilkinson	Ian Williamson	Ian Munro
Joseph Kealey	Matthew Murphy	Andrew Steven
Frederick Connor	Andrew Hughes	John Cowan
David Ward	Charles McDougall	Archie Jenkins
Bernard Gough	Gerry Reid	David Marshall
Jonathan Walker	James Doyle	Kevin Downie
John McPake	Thomas McPake	Terence Dolan
Mark Fairgrieve	David Fairweather	David Thom
Darren Bradley	Wilson McTaggart	

Shettleston Harriers Colours: Blue with Yellow Band

David Alexander	Adrian Callan	Peter Carton
Desmond Crowe	Lewis Duff	John Duffy
Martin Graham	Andy Little	Neil MacGregor
Clyde Marwick	Dermot McGonigle	Andrew McIntyre
Karl Povey	Ian Johnston	Kenneth McClean
Jethro Lennox	Jim Norton	Peter McMahon
Andrew McKenna	Ian Lewis	Robert Soutar
Brian McGarrity	John Cairney	Hugh Watson
Denis Williams	Patrick Walder	Donald Macaulay

Springburn Harriers Colours: Navy Blue with White Diamond

Andrew Callan	Joseph Chambers	John Henderson
William McGregor	Edward Dickson	Graeme O'Malley
Robert Young	Andrew Miller	Alec Lees
John McLaughlin	John Owens	Frank Thom

Standard Life AC Colours: Blue with Yellow trim

Bruce Hall	Richard Clark	Liam Clachers
Bruce Smith	Bill Ferrari	

Teviotdale Harriers Colours: White with Maroon Band

Darrell Hastie	Wayne McIntosh	Colin Nichol
Martin Elsdon	Mark Elsdon	Ryan Craik
Scott Watson	Robert Halliday	

Victoria Park AAC Colours: Blue and White Hoops

Mark Ashby	Stuart Barnett	Kenneth Brown
Gerard Craig	Gary Dick	Alastair Douglas
Kristian Forster	Ian Goode	Alan Hamilton
Kenny McCoy	Peter McGregor	Alastair Mace
Gordon Moore	Gus Munro	James Harvie
Robert Newton	Andrew Nicoll	Mick Patrick
Gordon Stewart	Duncan Thomson	Derek Watson Snr.
Derek Watson Jnr.	Andy Young	Roger Young

Team Nos 62, 63, 64, 65

Charlie Thomson
John Brown
David Dymond
Kevin Kealey
Steven Macgregor
Derek Houstoun
John Simpson
Stephen Matthews
Ian Gordon
Iain Grant Michael O'Hagan
Graeme Croll Iain Reid

William Coyle
Stuart Gibson
John Mackay
Allan Sneddon
Graham Wight
Adam Lee
Ryan Montgomery
John Wilkinson

Team Nos 69

Alan Hill George Inglis
James Cooper
Alex McIndoe
Duncan Reid

Team Nos 70

Kenneth MacKenzie

Team Nos 71, 72

Billy Fraser
Brian Carlin

Team Nos 73, 74, 75, 76

Philip Carter
Joseph Doyle
Thomas McAra
Kenneth Mitchell
Charles Murray
Andrew Ross
Christopher Watson

New Balance Road Relays Livingston 30th March 2002

Womens 4 Stage

1st	City of Glasgow AC	1hr 44mins 35secs (New Record)
2nd	Gala Harriers	1hr 49mins 38secs
3rd	Pitreavie AAC	1hr 51mins 46secs

Mens 6 Stage

1st	Shettleston H	2hr 16mins 59secs
2nd	Mizuno RC	2hr 17mins 38secs
3rd	Inverclyde AC	2hr 18mins 09secs

Mens Course Record Mizuno Racing Club 2hrs 12mins 31secs (1998)

Previous Road Relay venues

1979 to 1984	Strathclyde Park
1985	Glasgow (Pollock)
1986	Strathclyde Park
1987	East Kilbride
1988	Livingston (Murieston)
1989	East Kilbride
1990	Livingston (Murieston)
1991	East Kilbride
1992	Livingston (Murieston)
1993	Dumfries
1994	Livingston (Murieston)
1995	Kirkintilloch
1996	Livingston (Murieston)
1997	Kirkintilloch
1998 to 2003	Livingston (Almondvale)

The event was a Men's only Six stage until 1996 when Women's teams started competing. There was no separate Women's Championship until 1998, since then Women have run a Four stage race with championship status.

In the 25 years the event has taken place many clubs and individuals have contributed in the organisation at the various venues. None more so than Martin Hyman of Lothian Running Club who sought out routes and devised the laps at the 2 Livingston venues. He has been local convenor at 11 of the 25 championships through the years.